

Get the Kids Involved

- Our children are our future, and what is more, they emulate us. What better way then, to help out the environment, then to teach them to be responsible toward our environment from the start. Here are a few things that children can do:
- You can grow your own garden as shipping food across the country produces lots of carbon
- Planting a tree can reduce tons of carbon in the atmosphere
- Better still, cut back on your paper usage and that will keep a tree from being cut down
- Swap out your old light bulbs for more efficient ones
- When you are done watching TV or finished with the computer, turn it off
- Even when a TV or video game system is off, they still suck power; why not unplug them?
- Better still, plug all of these things into a surge protector or power strip and you can unplug them with the flip of a switch
- Take it easy on the thermostat when it is hot out; use fans instead
- When it is cold out, use sweaters or blankets before you turn the heat up
- Try to carpool whenever you need to drive somewhere
- Try not to use the drive through; park and go inside to order your food (a car sitting in the drive through is putting out pollution)
- It's even better if you do not have to get a ride at all: walking or biking is better for you and the planet
- Try to get your parents to buy reusable grocery bags
- Try to buy things with less packaging
- When your parents go for their morning coffee run, get them to use their own coffee mug
- Drink tap water or filter it yourself
- Use a reusable bottle for your water
- Recycle what you can, things like paper, aluminum cans, cardboard, food cans, plastic, glass, newspapers, magazines, junk mail, phone books, and anything else made of paper